



# Coopernook Public School

# NEWSLETTER

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Issue 6 Term 1 Week 7

Thursday 14<sup>th</sup> March 2019

## Principals Message

### Halogen Young Leaders Conference.

It was a pleasure to accompany Matilda and Nicola to Sydney this week to the Halogen Young Leaders Conference at Darling Harbour. We were energised and inspired by several speakers including Cate Campbell - Olympian, Tim Diamond -Cotton On Foundation, Holly Ferling -Cricket, Tamsin Janu- Author and Liv Phyland – TV personality. We were amongst thousands of children in the conference centre and lucky enough to have 3<sup>rd</sup> row seats. Now that we feel empowered it is our turn to inspire and empower others- watch this space for student led initiatives.

### Assembly Friday

Please come and join us for tomorrow's assembly at 2.10pm. Leslie Williams will be attending to induct our school leaders and we would like our school to be represented by as many family and community members as possible.

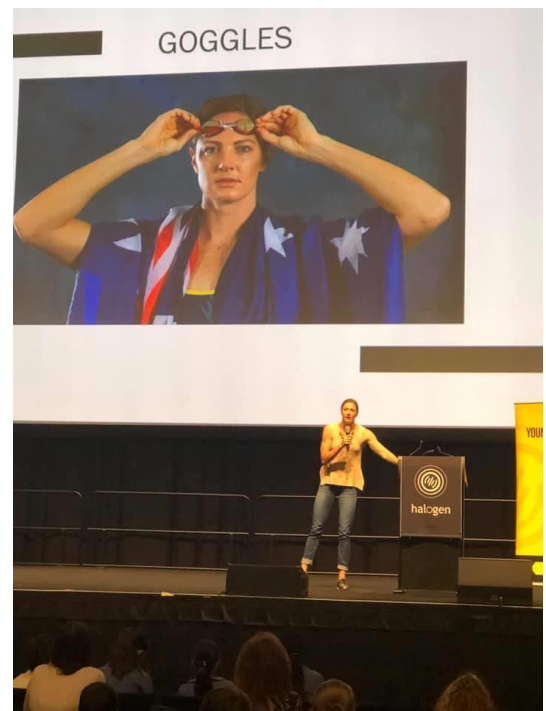
### Harmony Day Picnic

Please come along next Thursday 21<sup>st</sup> March to our picnic day. Pack your lunch, a rug or chair, and come and join us from 11.30am -1pm to celebrate Harmony Day. We have beautiful grounds for a picnic and there will be plenty of lawn games on offer for some activity and fun.

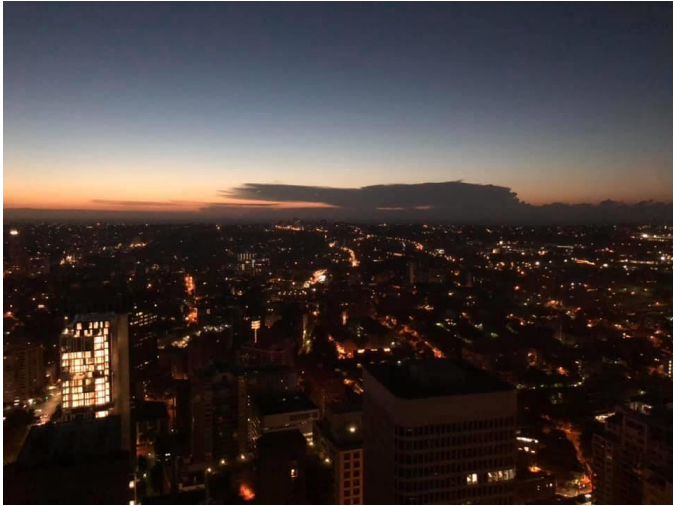
Tania Gilchrist

Yours In Education

## Young Leaders Conference







## Tennis at Kendall







Lansdowne District PSSA Cross  
Country

Friday 22 March 2019

Venue: Hannam Vale Recreation Reserve

## Canteen price list

Canteen run by Hannam Vale Public  
School P&C Association

Sausage sizzle \$2.00

Bacon & egg roll \$4.00

Poppers \$1.00

Zooper Doopers 50c

Assorted cakes/slices also available for  
varying prices

**Good for Kids** good for life

**CRUNCH&SIP®**

Crunch&Sip® is a set time during class time for primary school students to 'refuel' on vegetables, salad or fruit, and 'rehydrate' with water. Students who are not hungry and are well hydrated perform better in the classroom, show increased concentration, and are less likely to be irritable and disruptive. Many students are not eating enough vegetables and fruit or keeping sufficiently hydrated.

What to pack for **Crunch&Sip®**  
**It's simple!**  
Crunch&Sip means vegetables, fruit and water only.



[www.healthykids.nsw.gov.au/campaigns-programs/crunchsip.aspx](http://www.healthykids.nsw.gov.au/campaigns-programs/crunchsip.aspx)



**Health**  
Hunter New England  
Local Health District

HNELHD-GoodForKids@hnehealth.nsw.gov.au  
<http://www.goodforkids.nsw.gov.au/>

## P&C NEWS

Thank you to everyone that attended last night's monthly meeting and yearly AGM for the P&C. All position's were open and the new positions are as follows:

**PRESIDENT:** Emma Brown.

**VICE PRESIDENT:** Louise Pickford.

**SECRETARY:** Casey Perkins.

**TREASURER:** Marion Perkins.

**UNIFORM CO-ORDINATOR:** Lauryn Neale.

**FUNDRAISER:** Barbara Kidd and Carol Taylor.

The P&C would like to say a big thank you to our outgoing President Amanda Ashcroft for all her time and hard work over the past 2 years.

### BUNNINGS BBQ:

P&C would like to say thank you to everyone for donating their time and helping to organising supplies. A special thank you to Wade Elliott for your donation of sausages.

### EASTER RAFFLE:

The P&C will be doing a raffle for Easter. Raffle tickets will be going home within the next few days. Prizes will be drawn at the end of term assembly. We will also be running a BBQ on this day (order forms to be sent out soon).

**We are looking for donations to go towards the Easter raffle. Please drop donation to front office.**

Thank you

Casey Perkins

Secretary



**Voting Day FUNDRAISING BBQ**

Join us at the Coopernook School of Arts  
on **Saturday 23<sup>rd</sup> March**

& help **Coopernook Action Group Inc** raise funds to purchase a Community Defibrillator



Come along & grab a sausage sanga before or after you vote!



Feb	Term 1 2019
	<b>Week 7</b>
Frid 15 <sup>th</sup>	Assembly with Induction of Leaders 2-10pm Everyone welcome – Mrs Leslie Williams
	<b>Week 8</b>
Mon 18th	Mrs Clare @ Training in Sydney
Thurs 21st	Harmony Day- community picnic
Frid 22nd	District Cross Country- Hannam Vale Rec Reserve

No School Banking On Monday! Mrs Clare will attend to student banking on Thursday....  
Thanks

Ice creams will be for sale again this year on **FRIDAYS at lunch time**. Still only \$1 with lots to choose from. Bring your \$1 along and listen out for the ice cream call at the MPR