



# Coopernook Public School

# NEWSLETTER

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Issue 22 Term 3 Week 2

Thursday 2<sup>nd</sup> August 2018

## PRINCIPAL'S MESSAGE

### Child Protection Lessons

During Term 3 all classes (Kinder to year 6) will be completing their annual child protection lessons. These lessons are about sense of self, power in relationships, recognising abuse, personal safety and protective strategies. If you have any concerns please contact your classroom teacher or myself.

### Years 3-6 Camp

Thankyou to those families who have started paying their childs camp fees. The total cost is \$276 per child- this is already heavily subsidised and **no** further financial assistance will be available. Please start making payments now to insure your child does not miss out. Minimum \$75 deposit per child is due by Friday 31<sup>st</sup> August.

### 3 Way Family Conferences

3 way conferences – Teacher, Parents/Carers & Student.

Please make sure you have locked in your timeslot for family conferences. This is an important time to touch base with teachers and set goals together for your child. If you have not yet confirmed please ring the office.

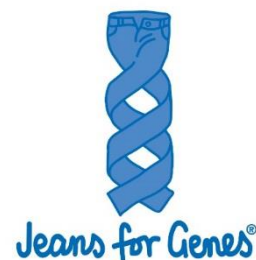
Yours In Education

Tania Gilchrist

	Term 3
Frid 3rd	Assembly 2.10pm Jeans for Genes Day- Gold coin donation
	Week 3
Wed 8th	Zone Athletics
Thurs 9th	Education Week Community Day and BBQ
	Week 5
Mon 20th	K-1, 3 way conferences 2-4, 3 ways
Tues 21st	2-4, 3 ways 5-6, 3 ways

### Jeans For Genes Day

We will be holding our Jeans for Genes day tomorrow Friday 3<sup>rd</sup> August. Please bring a gold coin and wear your favourite jeans or pants to school with your school shirt and school shoes to support this great cause. We will be collecting a gold coin donation which will go towards the research into cures for childhood diseases.



Good luck to the students competing at the Zone Athletics carnival next Wednesday!! So proud of you all....Jaytarna, Nicholas, Rylee, Matilda, Kaios, Shtiki, Kayleigh, Blake, Mya, Jack, Colby and Molly



### Good for Kids good for life

#### SANDWICH ALTERNATIVES IN THE LUNCHBOX

Sandwiches are a great addition to an everyday lunchbox but if you feel like branching out here are some other great ideas:

- Vegetable fried rice,
- Pasta salad,
- Zucchini slice,
- Savoury muffins packed with vegetables,
- Chicken and vegetable rice paper rolls,
- Vegetable sushi rolls.

For more great ideas visit the Cancer Council's Healthy Lunch Box website: <https://healthylunchbox.com.au/>



PHONE 4924 6499

## P&C NEWS

### YEAR 6 SHIRTS

Our fabulous Fundraising Co-Ordinator was able to get donations for our Year 6 students to get their shirts. On behalf of the P&C, I would like to say a massive thank-you to Emma Hatch for her amazing efforts. The kids look spectacular in their shirts.





I would like to give a massive shout out to the P&C members and family members who helped out for our Bunnings BBQ....THANK YOU!!

We had a very big but very successful day.

A big Thank you also to our Year 6 student Blake Hatch who spent the whole day helping out with the raffle, we managed to raise \$225 from the raffle and \$752.35 from the BBQ.

Our next meeting will be held 14<sup>th</sup> August, all welcome.

Thank you

Emma Brown -

## Childrens University Visit

Today we were very lucky to have a visit from the Children's University representative and 2 Geologists who presented a very interesting workshop on Geology to our CU students. The children were encouraged to explore the Coastal Geotrail in Port Macquarie where they can find some of the rocks that they learnt about.

