



Coopernook Public School

NEWSLETTER

Principal- Tania Gilchrist

Macquarie St, Coopernook, NSW 2426

Phone: 6556 3162 Fax: 6556 3367

Website: www.cooopenook-p.schools.nsw.edu.au

Email: coopernook-p.school@det.nsw.edu.au

Issue 38 Term 4 Week 7

Thursday 24th Nov 2016

PRINCIPAL'S MESSAGE

Well it's Thursday morning and I am having an early meeting with Ty Wallace. We have just been interviewed on live radio for the Gadigal Breakfast program in Sydney. Ty did us proud answering questions about Kidpreneur and his Caplures team like a pro. Well done Ty.

Tomorrow Patrick Gillogly will be recording an interview for ABC radio with our own Mr Emerton. Tune in Saturday morning to radio ABC to hear the interview where Patrick will be promoting our school and chatting with Mr Emerton about his sporting involvement in our local area.

Stage 3 class Fundraising

Our stage 3 class fundraising will receive a boost in funds on Saturday 3rd December when we have a Bunning's BBQ. Parents are needed to volunteer for this as students are not permitted to work the BBQ due to safety risk- if you are able to give an hour or two on the 3rd please contact Mrs Gilchrist. These funds will be used to complete our Parliament project for the year which is our outdoor paved chess/checker game area. Our engraved pavers will be arriving within the next week- so then we will be organising the laying and hopefully grand opening!

Yours In Education

Tania Gilchrist



Presentation night

Presentation Night is fast approaching, Wednesday the 14th December. The Hall doors will open at 6.15pm for a 6.30pm start. All students are required to be in school uniform.



LIBRARY BOOKS

As the term is coming to an end, and although we are still borrowing from the library each Friday, can we please make sure all books are being returned so that by week 10 we will have no outstanding loans. We are currently accessioning a lot of new beautiful books ready for students to borrow in 2017!



Week 6 Assembly

Merit awards for week 6 went to:-

K-1 – Summer Montgomery, Nathan Drury- Erikson, Aston Crawford and Bryson Jones

2,3,4– Maurick Brown, Jaytarna Lentini, Adam Turner, Trinity Power, Lachlan Henry and Nicholas Harper

5-6 – Natalie Bosch, Shtiki Baker, Matty Turner and Patrick Gillogly



Award recipients from last assembly:- Nace Ryan, Sasha Jackson Bryson Jones and Lilly Souter



2,3,4 presented an item for the week 6 assembly

Grasshoppers Veggie garden !!!



Checkout how much the corn has grown!



Mavrick and Jamie tending to the tomatoes



Wisdom carefully waters her tomato plant which will be bearing fruit probably in a few weeks?



School Banking News



Our banking friend Addi dropped in on Monday to say G'Day to the students and spend some time with us at morning assembly. She told Mrs Clare about the exciting new prizes for next year. So keep banking and collecting those tokens!

Attendance

Regular attendance at school is important for students to reach their potential. The school is required to record the reason for **any** absences as a way of ensuring that students are absent from school **only** when they are sick or have another good reason for missing school. **If your child is absent at any time you are required to either phone the school office or alternatively send in a note the following day.**

	Term 4
December	Week 10
Sat 3rd	Bunnings BBQ
Thurs 8th	Year 7 orientation CHS
Wed 14th	School Presentation evening At Coopernook Hall Doors open 6.15pm
Sat 17th	Carols in the Park at Coopernook
Frid 16th	End of Term Assembly of excellence Last day of Term 4, end of school year
	Holidays ☺

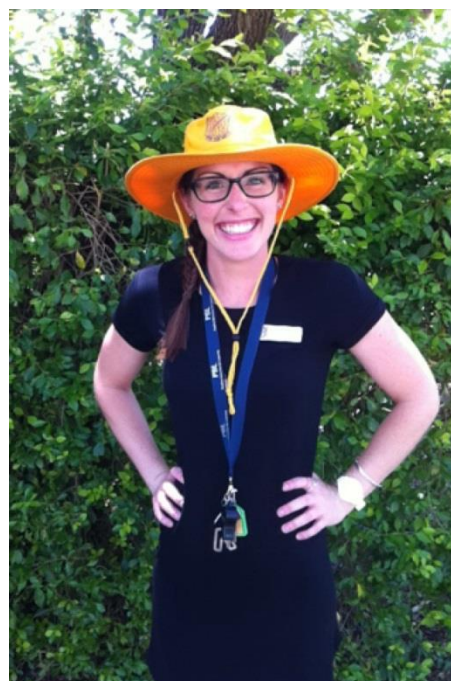
P&C News

The Christmas Raffle tickets went home on Tuesday. Great prizes to be won including a \$75- voucher from Taree Co-Op for 1st and a \$50 Bunnings voucher for 2nd. Please return all sold tickets to the office or alternatively give to Louise.



SCHOOL HATS

School hats are essential for all outdoor activities at school and are available for \$12 from the Uniform shop. Miss Orr can be seen of late sporting her new hat as she walks around the playground as can Mr Clare be seen wearing his to keep those UV rays at bay!! Please see Amanda our uniform co-ordinator if your child needs a new hat ☺





Nutrition Snippet

The simplest way

...to slice up a citrus salad.

Ingredients

Salad: 1 avocado; 1 orange; 1 grapefruit; 3 cups baby spinach leaves.

Dressing: ¼ tsp pepper; 1 tsp canola oil; ½ tsp Dijon mustard; 1 tbs balsamic vinegar.

Decoration (optional): 1 orange, finely sliced; 1 grapefruit, finely sliced; 1 cup bean sprouts.

Method: Chop avocado into one-centimetre cubes. Segment orange and grapefruit. Toss in a bowl with baby spinach. In a small bowl or glass, whisk together pepper, canola oil, mustard, and balsamic vinegar. Serve dressing on top of salad or as a side. Arrange orange and grapefruit slices around the serving plate. Top with bean sprouts.

For more information visit
www.eatittobeatit.com.au
 or join us at facebook.com/eatittobeatit



